Developmental changes of functional skills of young children with and without physical disabilities

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November 2018









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### Project name

#### Determinants of 'Participation' for Preschool Children with Physical Disabilities: A longitudinal study

- Primary Investigator: Lin-Ju Kang
- Executive unit :Graduate Institute of Early Intervention in Chang Gung University

• Funding: Ministry of Science and Technology (104-2314-B-182-022-MY3)

## Background

- Under the ICF multi-years initiative, the definition of health and disability on individual was not only focused on disease and diagnosis, but also concerned about functional skills the children use to implement daily activities.
- Research was limited in describing developmental changes of functional skills of young children with and without physical disability (PD).

# Objective

- •To track and compare functional skills in 3 domains of self-care, mobility and social function across 3 consecutive time points
- For children 2-6 years of age with physical disability (PD) and typically developing (TD) peers in Taiwan.

# METHOD



### Participants and recruitment

#### **Inclusion criteria**

- The *inclusion criteria* for children with <u>physical disabilities</u> are: (1) children aged 2 to 6 years old; (2) children with physical disabilities with a primary diagnosis associated with CNS, including cerebral palsy, spinal cord injury, spina bifida, traumatic brain injury or developmental delay and (3) parents agree to participate in this study.
- The *inclusion criteria* for children with <u>typical development</u> are: (1) children aged 2 to 6 years old; (2) children without medical or health conditions related to developmental disabilities; (3) parents agree to participate in this study.

#### **Exclusion criteria**

The exclusion criteria for children with physical disabilities are

- children with unstable health conditions, such as cancer, having surgery within 3 months, infection, or other active medical conditions; (2) children with progressive disease (e.g. neuromuscular disease) or degenerative disorders (e.g. degenerative seizures)
- children with progressive disease (e.g. neuromuscular disease) or degenerative disorders (e.g. degenerative seizures)
- children with autism or emotional disturbance (such as clinical depression)
- parents who do not understand Chinese well and thus cannot complete the measures.

The exclusion criteria for children with typical development are

- children with unstable health or medical conditions (e.g. trauma or infection)
- parents who do not understand Chinese well and thus cannot complete the measures.

## Participants

- A sample of convenience
- 61 children with physical disabilities (PD) and 64 children with typical development (TD) 2 to 6 years old
- Their parents were interviewed



### Instrument



### Chinese version of Pediatric Evaluation of Disability Inventory (PEDI-C)

- Ability and performance assessment for functional activities in children from 6 months to 7.5 years.
- The raw scores from the **3 functional domains** are added and converted to scaled scores, values range from 0-100.
  - Social function
  - Self-care
  - Mobility

## Social

# function



- Uses real or substituted objects in simple pretend sequences
- Tries to work out simple plans for a play activity with another child
- Can state first and last name
- Connects two or more thoughts to tell a simple story





# Self-care

- Finger feeds
- Brushes or combs hair
- Lifts open cup securely with one hand
- Puts on T-shirt, dress or sweater with assistance









# Mobility

- Rolls, scoots, crawls, or creeps on indoor floor
- Walks down full stairs with no difficulty
- Sits unsupported on toilet or potty chair
- Walks with out support at outdoor.









# Results



### Child Demographic Information

Variables	PD	TD	P-value	
	(N=61)	(N=64)		
Child's age			.127	
< 2 years	18 (21.3%)	17 (26.6%)		
3 years	12 (19.7%)	24 (37.5%)		
4 years	13 (21.3%)	18 (28.1%)		
<u>&gt;</u> 5 years	18 (29.6%)	5 (7.8%)		
Child's sex			.286	
Boys	40 (65.6%)	36 (56.2%)		
Girls	21 (34.4%)	28 (43.8%)		
Child schooling			.609	
Preschool	49 (80.3%)	49 (76.6%)		
At home	12(19.7%)	15 (23.4%0		

<sup>a</sup> ABI (TBI, brain tumor, stroke, seizure, infection, anoxia)

### Child Demographic Information

PD
(N=61)
23 (37.7%)
16 (26.2%)
10 (16.4%)
10 (16.4%)
2 (1.5%)
13(21%)
20(32.3%)
17(27.4%)
12(19.4%)
60(98.3%)
1(1.7%)

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<sup>a</sup> ABI (TBI, brain tumor, stroke, seizure, infection, anoxia)

### Family Demographic Information

Variables	PD (N=61)	TD (N=64)	P-value
Parent respondents			.370
Mother	53 (86.9%)	53 (82.8%)	
Father	8 (13.1%)	9 (14.1%)	
Grandparent	0	2 (3.1%)	
Parental education			.000
Junior high school and under	3 (4.9%)	0	
High school graduate	34 (55.7%)	11 (12.9%)	_
College/university graduate	21(34.5%)	24 (37.5%)	
Graduate degree	3 (4.9%)	27 (42.1%)	
Unanswered	0	2 (3.1%)	

### Family Demographic Information

Variables	PD (N=61)		P-value
	(11-01)	(11-04)	
Parental employment status			.000
Employed	26 (42.6%)	54 (84.4%)	
Unemployed	35 (57.4%)	8 (12.5%)	
Unanswered	0	2 (3.1%)	
Household income <sup>a</sup>			.000
<\$550,000	22 (36.1%)	4 (6.3%)	
\$550,000-\$1000,000	27 (44.2%)	25 (39.1%)	_
\$1000,000-\$2500,000	10 (16.4%)	30 (46.8%)	
>\$2500,000	0	5 (7.8%)	
Unanswered	2 (3.3%)	0	

<sup>a</sup> Unit: New Taiwan Dollars (NTD\$30 = USD\$1)

Variables	PD (N=61) Mean ± SD	TD (N=64) Mean ±SD	P-value (group effect)	Group * Time	
Social function			<.001	.725	
				Functional skill Socia	al function
Social function _1 <sup>st</sup>	46.9 ± 17.8	78.9 ± 11.2		100.00-	Disability group PD TD
Social function _2 <sup>nd</sup>	56.0 ± 21.8	87.4 ± 7.6		90.00-	
Social function _3 <sup>rd</sup>	61.9 ± 22.7	92.5 ± 5.8	leans	70.00-	
			2	60.00-	
				50.00-	
				40.00-	I 3
				year	



Variables	PD (N=61)	TD (N=64)	P-valı	ue	Year	* group		
	Mean ± SD	Mean ±SD						
Mobility			<.002	1		.012		
						Function	nal skill Mobility	
Mobility_1 <sup>st</sup>	52.6 ± 23.9	84.8 ± 9.2			100.00-			Disabi grou
Mobility_2 <sup>nd</sup>	65.1 ± 26.5	93.7 ± 7.0			90.00-			
Mobility_3 <sup>rd</sup>	71.5 ± 27.7	98.0 ± 4.5			80.00-			
					70.00-			
					60.00-			
					50.00-			
						1	2 3 Vear	

### Amount of changes between Time 1-2 and Time 2-3



1st-2nd 2nd-3rd

# Conclusion



### Conclusion

- Although PD children had lower levels of functional skills, both of PD and TD children had progress in terms of functional skills in life situations.
  - Children are growing up in their own steps.
- PD children displayed a similar amount of change with TD children in social skill of life situations.



### Conclusion

- PD children have a smaller amount of change than TD children in self-care of life situations.
  - Need to focus on self-care in the training program.
- PD children have a greater amount of change than TD children in mobility of life situations.
  - Children have a significant progress may result from parents' efforts and early intervention.





(Art crafts made by our participants)